

You will hear a series of talks by other women concerning their own experiences with the Lord.

You will have a chance to reflect, pray and consider the bigger questions of life in a **RELAXED** environment to enjoy your time alone with God.

WHAT SHOULD I BRING?

A CHANGE of clothes for two days, your toiletries (toothbrush, shampoo, etc.). Everything else will be provided. You will have a bedroom with a sink. Public showers are down the hall near your room. Bring a raincoat or umbrella for inclement weather, as well as a jacket or sweater. Dress is *extremely casual and comfortable*.

Pittsburgh Women's Emmaus

North Retreats are held at
Kearns Spirituality Center
(on the campus of LaRoche College)

Dates for 2016 Retreats are:

April 29 — May 1

October 28 — October 30

Dates for 2017 Retreats are:

April 28 — April 30

October 27 — October 29

Space is limited.

For more information, please contact *Karla* at 412-758-1296 or *Clare* 412-298-8252 or email [emmauspg@yahoo.com](mailto:emmauspg@yaho.com)

Women Retreats available in South Hills

2016: October 21 — 23

2017: March 24 — 26

October 20 — 22

Contact: *Stacey Graham*
412-657-7955

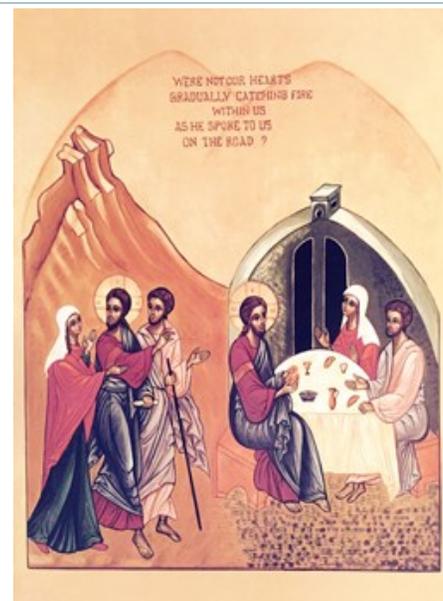
***Similar Emmaus retreats are available for men at St. Paul of the Cross Retreat Center. ***

For more information contact Rich Dovi at 412-425-7512 or email rcdovi@verizon.net

Dates for 2016 Retreats are:

June 10 — June 12

December 2 — December 4



PITTSBURGH WOMEN'S EMMAUS

Who am I?

What is my purpose?

Is my faith important to me?

Where am I going?

Is Jesus part of my daily life?



A ROYAL INVITATION FOR WOMEN: Do you know that *you are a daughter of the King?* Sometimes the stresses of life cause us to forget the gifts that come with such a title. The **Emmaus** weekend is about rediscovering those benefits of *being a child of royalty.* It is a time for reflecting, renewing, reconnecting, relaxing and rejoicing. It is an opportunity to build valuable relationships with other women, as we discover who we are and whose we are: *a daughter of the most High.*

Who am I? What is my purpose? Is my faith important to me? Where am I going? Is Jesus part of my daily life?

This retreat is led by lay women like you who have struggled with all those same questions about life and God. The retreat offers an opportunity to encounter or rediscover Jesus in our lives. It is not required that you be Catholic, Christian or a member of any parish. Come spend the weekend being pampered and loved while you discover real faith for real life.

What participants are saying:

IT WAS A:

- life changing experience
- wonderful weekend
- revitalizing, refreshing, renewing retreat

DURING THE WEEKEND I:

- met Jesus for the first time
- realized the depth of Christ's love for me
- truly felt the presence of God

EXACTLY WHAT IS EMMAUS?

EMMAUS IS an active retreat weekend *designed for women who want to explore a deeper relationship with God.*

Everyone of us has considered the question, “Does God really exist?” Unfortunately, we are all very busy and don't allow ourselves enough time to explore the answer. That's what the Emmaus retreat is about. *It is for any woman who wishes to grow closer to the Lord and receive His touch and comfort. You will learn how to recognize Jesus in your everyday lives.* The women organizing and hosting the Emmaus retreat will not try to convince you of their answers; instead they will share their own experiences with you and let you draw your own conclusions. Through the power of the Holy Spirit, the Lord has touched our lives, and we want to tell you about this *life-changing experience.* And for many of us, it was during an Emmaus Retreat that our hearts were touched by God.